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Four seasons a thousand experiences



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*A journey through the living landscapes
of the Guadarrama mountain*

The Guadarrama mountain offers far more than impressive scenery.

This is a destination that never stands still: each season reshapes it into a new setting, rich in colour, sound and scent. From snow-dusted summits to traditional grazing dehesas, this protected territory as National Park and Biosphere Reserve, preserves the spirit of a living mountain range, its cultural heritage and a rare ecological balance that still endures.

*Here, **the Guadarrama mountain Trail Network** awaits, offering a wide choice of routes to suit every kind of walker.*

*Choose the path that fits you best, but always plan ahead: wear suitable clothing and footwear, carry enough water, protect yourself from cold or sun, and bring a head torch if dusk approaches. If it's your first time in the mountains, go with qualified guides, you'll discover more and enjoy it safely. And remember: the best mark you can leave in the mountain is the footprint of your boots. Always follow **the Good Practice Code for the Mountains**.*

*You can download these routes and many more at
www.sierraguadarrama.info*



WINTER

Winter Snow Trails

Experience winter in the Sierra at the Puerto de Navacerrada ski resort

Just 60 km from Madrid and 30 km from Segovia, Puerto de Navacerrada is the most historic ski resort in the mountain. Set between 1,850 and 2,262 metres above sea level, it lies within the municipality of Cercedilla, only 8 km from the town centre.

It offers a network of slopes for all abilities:

- ▶ Upper area with 3 red runs (intermediate–advanced) for experienced skiers.
- ▶ Lower area with 1 green run (beginners), 2 blue runs (easy–intermediate) and 1 red run (advanced).

There is also a snowpark, sledging and tubing area, ski school, snowboard and snowshoe activities, plus equipment hire.

Enjoy winter activities safely and with expert guidance:



La Peña del Arcipreste de Hita

Following the Cordel de Valladolid drovers' path, this panoramic route leads to La Peña del Arcipreste de Hita, a striking granite outcrop. Along the way, you'll discover remains of Civil War fortifications and bunkers, while recalling the medieval author of *The Book of Good Love*.

Circular route · 6,8 km · Moderate difficulty



From Puerto de Navacerrada to Cercedilla via the Schmid Path and La Fuenfría

Beneath the centuries-old pine forests of La Fuenfría, this trail links two legendary places: Puerto de Navacerrada, the birthplace of skiing in the Madrid region, and Cercedilla, home town of Olympic skiers Paquito and Blanca Fernández Ochoa. A route steeped in sporting history and mountain tradition, ideal for enjoying snow with the right kit.

Linear route · 16 km · Moderate difficulty



From Puerto de Navacerrada to the summit of Cabeza de Hierro Menor via Alto de Guarramillas

This route is for those seeking winter in its rawest form. Starting at Puerto de Navacerrada, the trail climbs along Alto de Guarramillas to reach the summit of Cabeza de Hierro Menor (2,374 m), with sweeping views over Madrid, Segovia and Castilla. Here the mountains reveals its most alpine side, with rocky outcrops, high-altitude pastures and traces of ancient glaciation. A demanding itinerary, recommended only for experienced walkers with proper technical equipment (snowshoes and crampons).

Linear route · 14,5 km · High difficulty



SPRING

The spectacle of blossom

Spring in the Guadarrama mountain, a birdwatcher's paradise

The Guadarrama mountain is also a haven for bird lovers. From the highest peaks to its reservoirs, a rich mosaic of ecosystems provides refuge for remarkable species such as the black vulture, golden eagle, wallcreeper and bluethroat. Its status as a National Park, Biosphere Reserve and part of the Natura 2000 network ensures that every sighting feels like a living act of conservation.



A walk through the Mediterranean woodland of Hoyo de Manzanares



A circular route winding through cork oaks, Pyrenean oaks and holm oaks, dotted with striking rock formations such as La Tortuga and El Casco Romano. A walk that blends botany, geology and surprising landscapes at their best in springtime.

Circular route · 13,8 km · Easy-moderate difficulty · Waymarked



Enjoying the Dehesa of Los Molinos



Under the shade of oaks, ash trees and holm oaks, this gentle walk is brushed with yellow as broom bursts into bloom. A simple, rural-flavoured route with the mountain as a constant backdrop, where echoes remain of the old flour mills that once gave the village its name.

Circular route · 10 km · Easy-moderate difficulty



From Hoyo de Manzanares to Morzarzal via the Sierra de Hoyo



A journey through rockrose scrub in full flower, with sweeping views of the high peaks. The trail passes through ancient cork oak woods and holm oak groves, as well as the now-vanished Berrocal railway line, which in the 19th century carried Sierra granite used to pave the streets of Madrid.

Linear route · 13,6 km · Moderate difficulty



From Guadalix de la Sierra to Soto del Real via the Camino Mendocino



This beautiful route follows a section of the Camino Mendocino to Santiago de Compostela, originally known as the Western Route to Santiago. The Camino Mendocino begins in Guadalajara and joins the Camino de Madrid at Manzanares El Real.

Linear route · 10,7 km · Easy difficulty



SUMMER

Water, cool air and
sun-filled adventures

Must-do experiences to cool off your summer

Las Berceas Natural Pools in Cercedilla

In the heart of the La Fuenfría Valley, surrounded by pinewoods and crisp mountain air, Las Berceas pools are a true summer oasis. Two large outdoor pools are complemented by green lawns for relaxing, picnic areas, a café, changing rooms and adapted access. An ideal spot for a peaceful family day out in nature.

Open from June to August. Limited capacity. Check opening times and prices on their website.

La Jarosa Reservoir in Guadarrama

Its shores, framed by pinewoods and meadows, invite leisurely walks and quiet moments, and it is also a popular spot for licensed fishing. Swimming is not permitted here, preserving a calm atmosphere and a strong sense of environmental respect.

Las Encinillas Reservoir in Guadarrama

Hidden among pine forests, this reservoir offers the chance to paddle across clean, still waters. With double kayaks, life jackets and instructors providing basic guidance, it's a refreshing experience perfect for couples, families or groups of friends. Nearby, you can also enjoy treetop adventures with zip lines and aerial circuits.

Pedrezuela Reservoir Sailing Club in Guadalix de la Sierra

Sailing Club in Guadalix is the Sierra's hub for water sports. Here you can learn dinghy sailing and windsurfing, or dive into adventure with kayaking and paddleboarding. Fully equipped facilities — access ramps, classrooms, changing rooms and support boats — ensure fun with maximum safety. An official sailing school recognised by the Royal Spanish Sailing Federation.



The Silver Forest of La Jarosa in Guadarrama



A walk among centuries-old Corsican pines, some over 500 years old, whose shimmering bark gives the forest its name: the "Silver Forest". The route ends at the La Covacha meadow, with magnificent views across the mountain.

Circular route · 10,3 km · Moderate difficulty



Pinewoods and bearberry groves of La Barranca



One of the Sierra's most lush and leafy areas, where pine forests and clear streams shape a wonderfully refreshing landscape. The trail reaches the Mirador de las Canchas, opening up wide views towards La Maliciosa and Bola del Mundo, and offers quiet resting spots such as the La Campanilla area.

Linear route · 9,6 km · Easy difficulty



Walking to Peña Rubia along the Pedrezuela Reservoir in Guadalix de la Sierra



A gentle, family-friendly route, also ideal for cycling or walking with a pushchair, following the shores of the Pedrezuela Reservoir. Water, holm oak woodland and views towards the sheltered slopes of Peña Rubia blend together step by step, leading to the final viewpoint. A nearby, accessible walk and perfect for first-time explorers of mountain trails.

Out-and-back route · 4,4 km · Easy difficulty



AUTUMN

Golden forests, peaceful trails

Experience the autumn colours of the Guadarrama mountain

Autumn is also a season for discovering the mountain in a different way. Explore the landscape on horseback with guided rides and riding lessons, or enjoy the gentle pace of a donkey, an animal deeply rooted in rural tradition and now celebrated through walks and environmental education activities.

Let yourself be guided by the very best professionals:

<https://sierraguadarrama.info/empresas-de-actividades/>

More information and bookings at: www.sierraguadarrama.info



Ascent of La Najarra From Miraflores de la Sierra



A demanding route that crosses one of the mountain's most luxuriant oak forests, with the added reward of spotting birdlife unique to each ecosystem. From the summit of La Najarra, the views more than repay the effort, unfolding into truly unforgettable panoramas.

Linear route · 18 km · High difficulty



A walk among ash trees, oaks and stone walls in Soto del Real



A journey back into the mountain's rural past through ash-tree dehesas shaped by centuries of traditional livestock farming. Pollarded trees, dry-stone walls and open meadows reveal how people and nature have long coexisted in balance. Also ideal for cycling.

Circular route · 16,3 km · Moderate difficulty



From Becerril de la Sierra to the Cerro de las Ruedas Viewpoint



A trail through one of the best-preserved Pyrenean oak woods in the area, where rockrose and thyme undergrowth blends with a rich variety of wildlife. The final destination, the Cerro de las Ruedas viewpoint, offers one of the widest and most sweeping views in the entire mountain.

Linear route · 14,5 km · Moderate difficulty

For the mountain's crisp, blue-sky days

Routes for experienced mountaineers

Our summit



El Yelmo: A walk through La Pedriza's granite museum

An icon of the mountain and one of Madrid's finest natural lookouts. The summit of El Yelmo towers over La Pedriza, with views stretching as far as La Alcarria, Madrid and El Escorial. The route winds through granite chaos and whimsical rock formations, a true open-air natural museum.

Circular route · 9 km · High difficult · Partially waymarked



A different ascent of La Maliciosa from the Majalespino Reservoir at Becerril de la Sierra

La Maliciosa is one of Guadarrama's most emblematic peaks, even appearing in works by Velázquez. This tougher-than-usual route climbs through rocks shaped like a dinosaur or a shark, rewarding you with sweeping panoramas. A true high-mountain outing where the prize is the most commanding summit in the central mountain.

Linear route · 10,2 km · High difficulty · Not waymarked

From Puerto de Navacerrada to the castle of Manzanares El Real Castle via the old ice road

A journey back in time linking Puerto de Navacerrada with the castle of Manzanares El Real, following the Manzanares River from its source. The trail passes Charca Verde, one of the mountain's most beautiful and protected spots, and continues along riverside meadows, willow groves and historic paths.

Linear route · 17 km · High difficulty · Waymarked (PR-18)



Basic recommendations

Always check the weather forecast; wear proper mountain boots and suitable clothing, and in winter carry technical equipment (crampons and ice axe). Take a map and compass, study the route beforehand, and never underestimate the mountains: safety is the key to enjoying these experiences.

More routes and advice at
www.sierraguadarrama.info | www.adesgam.org

Climbing in the Guadarrama mountain

The great vertical school of central Spain

With over 2,000 established routes, from traditional climbing to sport climbing and bouldering, the mountain offers options for every level, from beginners to extreme difficulty.

► **La Pedriza: the granite mecca**

Domes, cracks, overhangs and endless walls make La Pedriza del Manzanares the most famous climbing area in the mountain and one of the best known in the Iberian Peninsula.

Here you'll find more than 2,000 routes of all grades, 1,500 boulders, and legendary sectors such as El Yelmo, El Indio, Cancho de los Muertos, Peña Sirio and La Muralla China. Its friction climbing is internationally renowned.

► **La Peñota – Siete Picos – Cerro del Telégrafo**

Small crags and gneiss escarpments offer routes of up to 40 metres, sparsely equipped and ideal for traditional climbing. A quieter area that lets you enjoy the vertical world in solitude, with unforgettable views over the valleys.

► **Cordal de las Cabrillas and the surroundings of La Barranca**

Here, the mountain reveals its wild side. Gullies, ridges and escarpments such as Risco de los Emburriaderos and the Cordal de las Cabrillas offer rock, ice and snow routes. Remote and rarely visited walls, perfect for classic climbers seeking adventure in its purest form.

► **La Maliciosa and Los Porrones mountain**

The imposing Maliciosa boasts more than sixty long, vertical classic routes, as well as snow and ice gullies in winter. Nearby crags such as Los Asientos, La Encina and Los Porrones also offer shorter itineraries, ideal for an intense day of climbing.

More information at www.sierraguadarrama.info

Cycling through the Guadarrama mountain

Stories pedalled between mountains

► **MTB Route: mountains made for freedom**

For those who want to feel they've crossed the mountain, the BTT Sierra de Guadarrama route, designed by the prestigious IMBA (International Mountain Biking Association), is the ultimate challenge: over 100 km divided into five stages linking the towns of the Guadarrama mountain. An adventure combining technical singletrack, forest roads and open landscapes that invite you to stop, look and breathe.

► **CiclaMadrid: the mountain passes of the Sierra**

If road cycling is your thing, you'll find a legendary playground here. It's no coincidence that many professionals train in the mountain: Navacerrada, La Morcuera, Canencia or the Alto del León are names etched into the memory of every Madrid cyclist. Each has its own personality, together making the Sierra one of the best "schools" of mountain passes in central Spain.

► **Cycle touring: riding at an easy pace**

But it's not all about challenge and endurance. The mountain also offers gentle routes, perfect for relaxed family rides or for discovering nature without haste. Drovers' roads and valley paths invite you to stop at a spring, listen to birdsong or pop into a rural restaurant to sample local cheeses, meats and craft beers. Here, the journey isn't measured in kilometres, but in shared moments.

Riding with peace of mind

Cycling in the Guadarrama mountain is more than a sport: it's a way to connect with the land. And for those who want to go further, local companies offer guided routes, bike hire and combined experiences linking gastronomy and nature.

Tracks, route guides and more information at www.sierraguadarrama.info/pedaleando-la-sierra-guadarrama