

The Sierra for Everyone

*The nearby mountain range
that never fails to surprise*

*A destination that grows
more accessible every day*

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📷 Instagram: @sierradeguadarrama
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In the Guadarrama mountain, beauty knows no boundaries. This natural and cultural treasure in the heart of Spain is open to everyone, regardless of their abilities. Here, universal accessibility isn't an added feature it's an essential part of the journey.

The Sierra for Everyone

A destination that grows ever more accessible

The Sierra de Guadarrama is committed to a fairer, more **inclusive and more human model of tourism**. Thanks to the collaboration between public institutions, associations and local businesses, visitors can now enjoy unique experiences that are increasingly accessible, with the highest standards of **quality and safety**.

To make this possible, the region offers:

- A detailed accessibility report covering **15 urban walks**, designed to showcase the most authentic corners of each village: monuments, parks, fountains, traditional houses... all explained in easy-to-read language, so that heritage and history are truly within everyone's reach.
- **A pioneering initiative:** the Camino de Santiago de Madrid adapted for people with visual impairments, supported by an app with 3D sound navigation that guides the route and provides accessible audio descriptions at key points.
- **Inclusive guides to the National Park** and other major landmarks across the mountain, plus adapted GPX downloads and technologies such as Blind Explorer, enabling **16 routes especially designed for blind hikers**.

*Welcome to the Guadarrama mountain for Everyone
a place where tourism genuinely belongs to all.*



The Inclusive Camino de Santiago from Madrid

A route you can hear, feel... and experience without limits

What makes it inclusive?

Thanks to an innovative sensory-guidance system created for people with visual impairments, the Camino de Santiago from Madrid can now be walked with confidence and independence. How it works?

- The entire route has been digitally mapped with precise, accessible information: terrain type, junctions, crossings, points of interest and potential risks.
- All this data is integrated into a **free mobile app that uses 3D sound** cues to guide walkers safely along the trail.
- At key points, the app provides accessible descriptions, enriching the journey and helping travellers connect more deeply with the landscape..

Where technology meets nature and opens the way for everyone

This accessible digital signposting allows any visitor to experience the magic of this historic trail, forging a connection with the Guadarrama's mountain history, spirituality and natural beauty. All routes are available as high-quality GPX files, ready to download.



More information and downloads:
<https://sierraguadarrama.info/camino-de-santiago-inclusivo/>

Stages of the Inclusive Camino de Santiago in Madrid

The route begins in the very heart of the capital, at the **church of Santiago and San Juan Bautista**, just a few steps from the Almudena Cathedral, and climbs steadily towards the Puerto de la Fuenfría, at **1,790 metres above sea level**.

These are the **four stages**:

- From **Madrid** to **Tres Cantos**
- From **Tres Cantos** to **Manzanares El Real**
- From **Manzanares El Real** to **Cercedilla**
- From **Cercedilla** to the **Puerto de la Fuenfría**

Because walking together is also part of the journey.



Nature at the reach of every sense

Exploring the Sierra de Guadarrama means walking through a mosaic of landscapes. Thanks to this innovative network, hiking becomes a guided sensory experience. Through a free app and cutting-edge 3D sound technology, visitors can orient themselves safely and enjoy the path with complete autonomy.

How does it work?

- Each route has been designed with **precise topographic and inclusive standards for visual accessibility**.
- **Every trail has been digitally mapped** with detailed information: terrain type, junctions, crossings, and points of scenic or cultural interest.
- At key points, the app provides **accessible descriptions** that enrich the traveller's understanding of the surroundings.

Además:

- All routes are available as **downloadable GPX files**.
- They can also be followed using **Blind Explorer technology**, with 16 routes already adapted for blind or visually impaired hikers. **From Cercedilla to Puerto de la Fuenfría.**



More information and downloads:
<https://sierraguadarrama.info/red-de-caminos-inclusiva-de-la-sierra-de-guadarrama/>



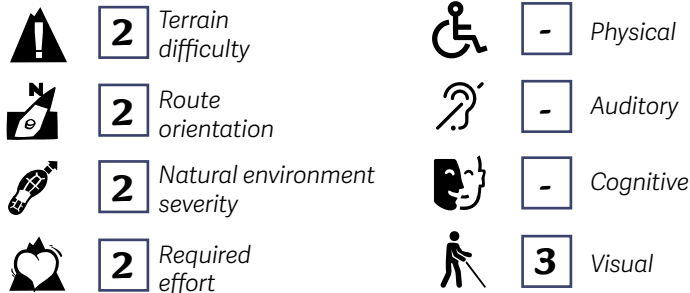
Los Molinos Route:

To Alpedrete along the Shepherds' Paths

Route type: One-way

Distance: 7,2 km

This peaceful trail invites you to walk between **history and nature**, following the traditional paths used for centuries by local shepherds. A gentle journey through the Guadarrama mountains that links two charming villages: **Los Molinos** and **Alpedrete**.



The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-1A-Los-Molinos-a-Alpedrete.pdf>

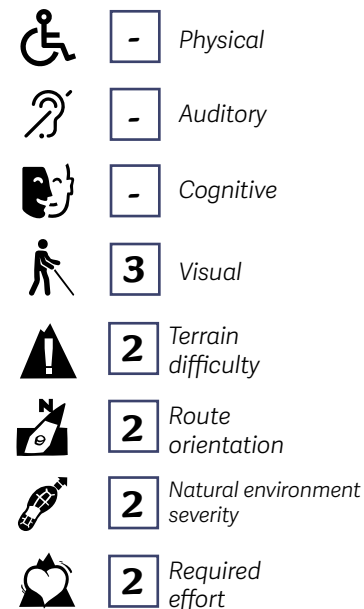
The silver forest walk:

La Jarosa

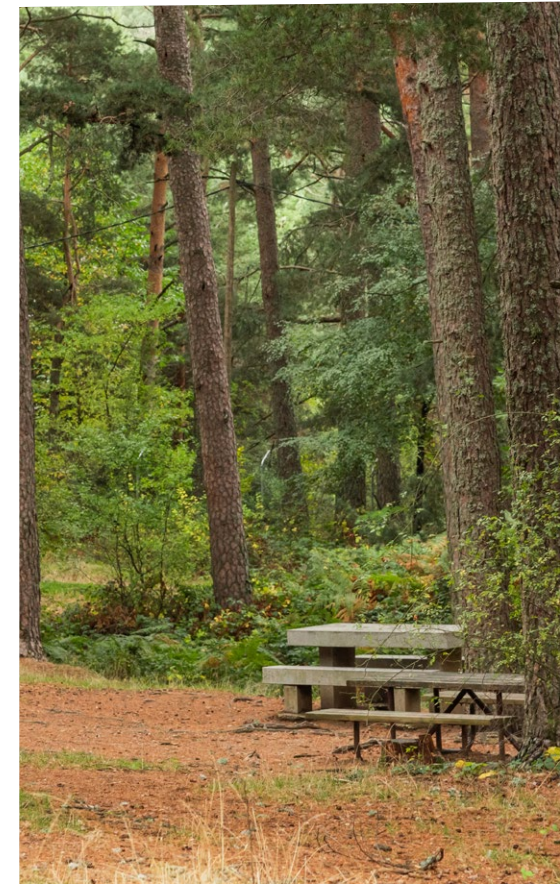
Route type: Circular

Distance: 7,6 km

This circular walk immerses you in one of the most magical corners of the Guadarrama mountains: the Silver Forest of La Jarosa in Guadarrama. Scots pines, shimmering water and a silence that soothes the senses. **A refreshing and enchanting mountain escape for walkers seeking tranquility in nature.**



The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.



Walking through the Mediterranean forest: Hoyo de Manzanares

Route type: Circular
Distance: 12,5 km

This circular route crosses **three contrasting landscapes**, each revealing a different side of the Mediterranean forest. Oaks, rockrose bushes and cork oaks accompany you along a mix of gentle stretches and more technical sections. **A perfect choice for walkers seeking adventure without compromising safety or beauty.** A true taste of the mountain's wildest and most authentic nature.

	3 Terrain difficulty		- Physical
	3 Route orientation		- Auditory
	3 Natural environment severity		- Cognitive
	3 Required effort		3 Visual

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-3-Bosque-Mediterraneo-de-Hoyo-de-Manzanares.pdf>

The Green Ring of Becerril de la Sierra

Route type: Circular
Distance: 8,6 km

This circular route **encircles Becerril de la Sierra** through a varied landscape of urban areas, dehesas (traditional grazing lands), agricultural paths and gentle mountain trails. It's a wonderful opportunity to discover the rural and natural character of the village, where **echoes of its pastoral past blend seamlessly with a more sustainable present.**

	- Physical		3 Terrain difficulty
	- Auditory		3 Route orientation
	- Cognitive		2 Natural environment severity
	3 Visual		2 Required effort

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-5-Becerril-de-la-Sierra-Anillo-verde.pdf>



From Miraflores to Soto del Real: *via the Chapel of San Blas*

Route type: Solo ida
Distance: 8,1 km

This linear trail connects two of the most charming villages in the Guadarrama mountains: Miraflores de la Sierra and Soto del Real. Along the route, nature and heritage intertwine, with the historic Chapel of San Blas standing out as a **symbol of local tradition and devotion**.

	3 Terrain difficulty		- Physical
	2 Route orientation		- Auditory
	3 Natural environment severity		- Cognitive
	2 Required effort		3 Visual

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

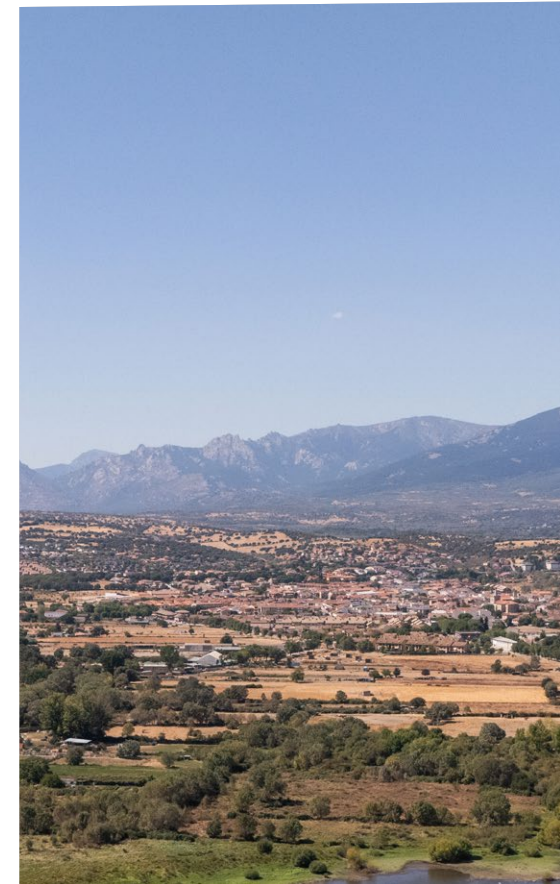
Along the Camino Mendocino: *From Guadalix de la Sierra to Soto del Real*

Route type: One-way
Distance: 10,2 km

This linear route links two key foothill towns: **Guadalix de la Sierra and Soto del Real**, crossing rural landscapes where **the traditions of shepherding and agriculture still leave their mark**. It's a peaceful walk through the gentler, more open side of the mountain, a landscape shaped by the calm rhythm of its fields.

	- Physical
	- Auditory
	- Cognitive
	3 Visual
	2 Terrain difficulty
	2 Route orientation
	2 Natural environment severity
	2 Required effort

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

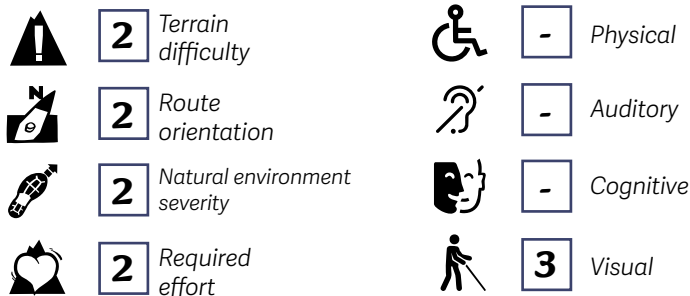


The Green Ring of Soto del Real

Route type: Circular

Distance: 5,2 km

This circular route explores the outskirts and part of the town centre of Soto del Real, linking residential areas with **natural paths and adapted walkways**. It's an ideal option for those seeking a short, accessible and close-to-town walk, **perfect for families, relaxed outings or a daily stroll**.



The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

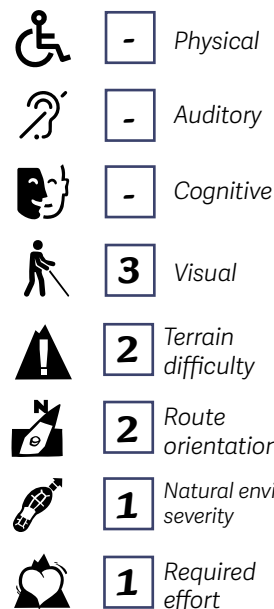
<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-8-Soto-del-Real-Anillo-Verde.pdf>

From Manzanares El Real to the Santillana Reservoir

Route type: One-way

Distance: 2,4 km

Gentle and peaceful route, perfect for a quiet escape into nature. This short walk connects the historic centre of Manzanares El Real with the shores of the Santillana Reservoir, one of the most iconic landscapes in the Guadarrama mountains National Park. Ideal for enjoying the scenery without effort.



The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-9A-Manzanares-El-Real-a-embalse-Santillana.pdf>

From Moralarzaral to Cerceda: along the Shepherds' Paths

Route type: One-way
Distance: 4,2 km

This linear route links Moralarzaral and Cerceda following ancient paths once used by shepherds and livestock keepers. **Short yet full of rural charm**, it's an ideal walk for reconnecting with the traditional essence of the Guadarrama mountain.

	2 Terrain difficulty		- Physical
	2 Route orientation		- Auditory
	2 Natural environment severity		- Cognitive
	2 Required effort		3 Visual

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-10B-Moralzarzal-a-Cerceda.pdf>

From Soto del Real to Manzanares El Real: Along the Camino Mendocino

Route type: Lineal
Distance: 9,8 km

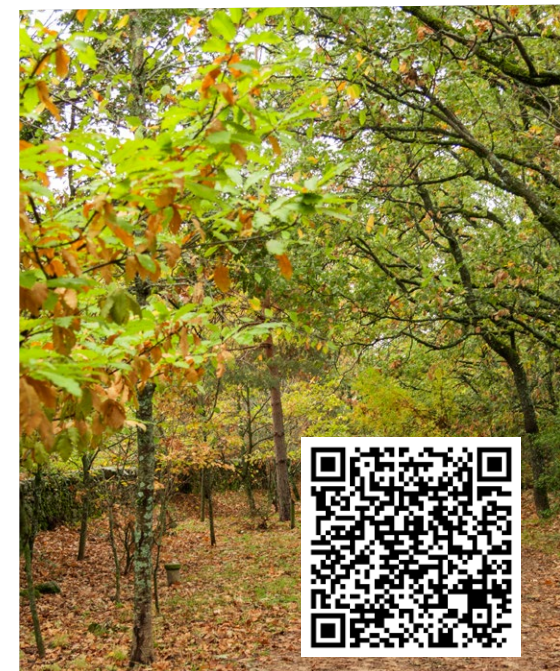
This stretch of the historic Camino Mendocino links two of the most emblematic villages of the Sierra de Guadarrama National Park: Soto del Real and Manzanares El Real. The route blends urban areas, forest tracks and riverside paths, making it **ideal for walkers who enjoy a bit of adventure while staying surrounded by nature**.

	- Physical
	- Auditory
	- Cognitive
	3 Visual
	3 Terrain difficulty
	3 Route orientation
	5 Natural environment severity
	3 Required effort

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-11-Soto-a-Manzanares-por-el-Camino-Mendocino.pdf>



Between Quarries:

Walking from Collado Mediano to Alpedrete

Route type: Circular

Distance: 4,3 km

Short yet full of character, this circular route connects two villages shaped by their stonemasonry heritage: **Collado Mediano** and **Alpedrete**. The trail reveals part of the Sierra's historic quarrying landscape, weaving together rural paths and urban stretches rich in local identity.



3 Terrain difficulty



2 Route orientation



2 Natural environment severity



2 Required effort



- Physical



- Auditory



- Cognitive



3 Visual

The MIDE and accessibility ratings range from 1 to 5, where 1 indicates the lowest level of difficulty or effort, and 5 the highest level of challenge or need for assistance.

Download the route:

<https://sierraguadarrama.info/wp-content/uploads/2022/02/Ruta-4A-Collado-Mediano-a-Alpedrete.pdf>



Easy-Read Guides

The mountain explained for everyone

What makes them special?

The guides follow the recommendations of the UNE 153101 EX Easy-Read Standard, created to help produce documents that are clear and understandable for all readers. This standard was developed by the Technical Committee CTN 153, coordinated by FENIN (Spanish Federation of Healthcare Technology Companies).

This means that the guides:

- Use simple language and short, direct sentences
- Are organised in a clear and logical structure
- Include images or icons to support understanding
- Focus on what truly matters, without losing either accuracy or quality

With these guides, the Sierra opens its doors to every visitor, because we believe that access to information is the first step towards truly inclusive tourism.



More information: <https://sierraguadarrama.info/accesibilidad-2/>

Viewpoints

See the Guadarrama mountain from above

The Guadarrama mountains are beautiful from every corner, but there are special places where its splendour truly unfolds: its viewpoints. From these elevated spots, you can enjoy sweeping views of mountains, valleys, reservoirs and charming villages. Some are deep in nature; others sit close to town centres. Many are reachable by car, making them ideal for effortless stops.

Visiting the viewpoints is an excellent option for those who:

- Have limited mobility
- Want to enjoy views without physical effort
- Prefer not to walk long routes



Recommended viewpoints

La Ermita Virgen del Rosario Viewpoint (Soto del Real)

Accessibility: Accessible by car. Not suitable for wheelchairs. Bring a detailed map

Quebrantaherraduras Viewpoint (La Pedriza, Manzanares El Real)

Accessibility: Accessible by car. Not suitable for wheelchairs. Bring a detailed map.

La Pelona Viewpoint (Cercedilla)

Accessibility: Car park, picnic tables and a fountain available. Has an information panel.

Ermita de San Antonio Viewpoint (Navacerrada)

Accessibility: Dirt track access. No panels. Not suitable for wheelchairs.

El Chaparral Viewpoint (Manzanares El Real)

Accessibility: Reachable by car. Not wheelchair accessible. Bring binoculars.

Navacerrada Reservoir Dam Viewpoint

Accessibility: Easy access, no panels. Ideal for birdwatching.

Guadarrama Viewpoint

Accessibility: Easy to reach, though not an official viewpoint. Bring a map and binoculars.

General recommendations:

- Many viewpoints do not have information panels.
- A map of the area and binoculars are very useful.
- Some viewpoints are not accessible for wheelchair users.

Prepare to discover a mountain that is human, natural and welcoming, a inclusive experience in the heart of the Community of Madrid.



Explore all viewpoints here:
<https://sierraguadarrama.info/miradores/>